PROOF OF FORMULA 3.523.10

$$\int_0^\infty \frac{x^7 \, dx}{\sinh x} = \frac{17\pi^8}{16}$$

Entry $\mathbf{3.523.2}$ states that

$$\int_0^\infty \frac{x^{2n-1} \, dx}{\sinh ax} = \frac{2^{2n} - 1}{2n} \left(\frac{\pi}{a}\right)^{2n} |B_{2n}|.$$

The special case n=4 and a=1, using the value $|B_8|=1/30$ give the result.