NEW FORMULA 4.322.2

The original formula is

$$\int_0^\infty \frac{\ln \sin^2 ax}{b^2 + x^2} \, dx = \frac{\pi}{b} \ln \frac{1 - e^{-2ab}}{2}$$

The change of variables x = bt and replacing ab by a gives the new formula (going back to x as the integration variable)

$$\int_0^\infty \frac{\ln \sin^2 ax}{1+x^2} \, dx = \pi \ln \frac{1-e^{-2a}}{2}$$